### 104TH CONGRESS 2D SESSION

# H. R. 3001

To amend the Public Health Service Act to provide for expanding, intensifying, and coordinating activities of the National Heart, Lung, and Blood Institute with respect to heart attack, stroke, and other cardiovascular diseases in women.

## IN THE HOUSE OF REPRESENTATIVES

February 29, 1996

Ms. Waters (for herself, Mr. Frazer, Mr. Payne of New Jersey, Mr. McDermott, Ms. Norton, Mr. Fazio of California, Mr. Conyers, Mr. Dellums, Mr. Gene Green of Texas, Mr. Sanders, Ms. Jackson-Lee of Texas, Mrs. Meek of Florida, Ms. Lofgren, Ms. Pelosi, Mrs. Maloney, Mr. Romero-Barceló, Mr. Pastor, Mr. Frost, Mrs. Clayton, Mr. Filner, Mrs. Morella, Mr. Clyburn, Ms. Brown of Florida, Ms. Roybal-Allard, Ms. Eddie Bernice Johnson of Texas, Ms. McKinney, Ms. Velázquez, and Mr. Farr of California) introduced the following bill; which was referred to the Committee on Commerce

# A BILL

To amend the Public Health Service Act to provide for expanding, intensifying, and coordinating activities of the National Heart, Lung, and Blood Institute with respect to heart attack, stroke, and other cardiovascular diseases in women.

- 1 Be it enacted by the Senate and House of Representa-
- 2 tives of the United States of America in Congress assembled,

#### SECTION 1. SHORT TITLE.

- This Act may be cited as the "Women's Cardio-
- 3 vascular Diseases Research and Prevention Act".
- 4 SEC. 2. FINDINGS.
- 5 The Congress finds as follows with respect to women
- 6 in the United States:
- 7 (1) Heart attack, stroke, and other cardio-
- 8 vascular diseases are the leading causes of death in
- 9 women.
- 10 (2) Heart attacks and strokes are leading
- causes of disability in women.
- 12 (3) Cardiovascular diseases claim the lives of
- more women each year than does cancer. Each year
- more than 479,000 females die of cardiovascular dis-
- eases, while approximately 246,000 females die of
- 16 cancer. Heart attack kills more than 5 times as
- many females as breast cancer. Stroke kills twice as
- many females as breast cancer.
- 19 (4) One in 5 females has some form of cardio-
- vascular disease. Of females under age 65, each year
- 21 more than 20,000 die of heart attacks. In the case
- of African-American women, from ages 35 to 74 the
- death rate from heart attacks is approximately twice
- 24 that of white women and 3 times that of women of
- other races.

- (5) Each year since 1984, cardiovascular diseases have claimed the lives of more females than males. In 1992, of the number of individuals who died of such diseases, 52 percent were females and 48 percent were males.
  - (6) The clinical course of cardiovascular diseases is different in women than in men, and current diagnostic capabilities are less accurate in women than in men. Once a woman develops a cardiovascular disease, she is more likely than a man to have continuing health problems, and she is more likely to die.
  - (7) Of women who have had a heart attack, approximately 44 percent die within 1 year of the attack. Of men who have had such an attack, 27 percent die within 1 year. At older ages, women who have had a heart attack are twice as likely as men to die from the attack within a few weeks. Women are more likely than men to have a stroke during the first 6 years following a heart attack. More than 60 percent of women who suffer a stroke die within 8 years. Long-term survivorship of stroke is better in women than in men. Of individuals who die from a stroke, each year approximately 61 percent are females. In 1992, 87,124 females died from strokes.

- 1 Women have unrecognized heart attacks more fre-
- 2 quently than men. Of women who died suddenly
- 3 from heart attack, 63 percent had no previous evi-
- 4 dence of disease.
- 5 (8) More than half of the annual health care
- 6 costs that are related to cardiovascular diseases are
- 7 attributable to the occurrence of the diseases in
- 8 women, each year costing this nation hundreds of
- 9 billions of dollars in health care costs and lost pro-
- ductivity.
- 11 SEC. 3. EXPANSION AND INTENSIFICATION OF ACTIVITIES
- 12 REGARDING HEART ATTACK, STROKE AND
- 13 OTHER CARDIOVASCULAR DISEASES IN
- 14 WOMEN.
- 15 Subpart 2 of part C of title IV of the Public Health
- 16 Service Act (42 U.S.C. 285b et seq.) is amended by insert-
- 17 ing after section 424 the following section:
- 18 "HEART ATTACK, STROKE, AND OTHER CARDIOVASCULAR
- 19 DISEASES IN WOMEN
- 20 "Sec. 424A. (a) IN GENERAL.—The Director of the
- 21 Institute shall expand, intensify, and coordinate research
- 22 and related activities of the Institute with respect to heart
- 23 attack, stroke, and other cardiovascular diseases in
- 24 women.
- 25 "(b) Coordination With Other Institutes.—
- 26 The Director of the Institute shall coordinate activities

- 1 under subsection (a) with similar activities conducted by
- 2 the other national research institutes and agencies of the
- 3 National Institutes of Health to the extent that such Insti-
- 4 tutes and agencies have responsibilities that are related
- 5 to heart attack, stroke, and other cardiovascular diseases
- 6 in women.
- 7 "(c) Certain Programs.—In carrying out sub-
- 8 section (a), the Director of the Institute shall conduct or
- 9 support research to expand the understanding of the
- 10 causes of, and to develop methods for preventing, cardio-
- 11 vascular diseases in women. Activities under such sub-
- 12 section shall include conducting and supporting the follow-
- 13 ing:
- 14 "(1) Research to determine the reasons under-
- 15 lying the prevalence of heart attack, stroke, and
- other cardiovascular diseases in women, including
- 17 African-American women and other women who are
- members of racial or ethnic minority groups.
- 19 "(2) Basic research concerning the etiology and
- causes of cardiovascular diseases in women.
- 21 "(3) Epidemiological studies to address the fre-
- quency and natural history of such diseases and the
- differences among men and women, and among ra-
- cial and ethnic groups, with respect to such diseases.

- 1 "(4) The development of safe, efficient, and 2 cost-effective diagnostic approaches to evaluating 3 women with suspected ischemic heart disease.
  - "(5) Clinical research for the development and evaluation of new treatments for women, including rehabilitation.
  - "(6) Studies to gain a better understanding of methods of preventing cardiovascular diseases in women, including applications of effective methods for the control of blood pressure, lipids, and obesity.
  - "(7) Information and education programs for patients and health care providers on risk factors associated with heart attack, stroke, and other cardio-vascular diseases in women, and on the importance of the prevention or control of such risk factors and timely referral with appropriate diagnosis and treatment. Such programs shall include information and education on health-related behaviors that can improve such important risk factors as smoking, obesity, high blood cholesterol, and lack of exercise.
- "(d) Authorization of Appropriations.—For the purpose of carrying out this section, there are authorized to be appropriated \$140,000,000 for fiscal year 1997, and such sums as may be necessary for each of the fiscal years 1998 and 1999. The authorization of appropriations es-

- 1 tablished in the preceding sentence is in addition to any
- 2 other authorization of appropriation that is available for

3 such purpose.".

 $\bigcirc$